

Tug O' War Trip

On Tuesday the 17th of the 6th '08 4th class from St. Malachy's B.N.S went to Santry Stadium. First we did a warm up, I was tired afterwards. Next we went to pull the pulley, there was heavy weights on it, I thought it was easy. But then sixteen of us had to lift 300kg, it was ok. A few minutes later the whole class lifted it in a few seconds. After that the class took a break. Shortly we went on a different type of pulley, my team lost because it was difficult. Then we went home. I thought it was great fun.

The End

Tug O' War Trip

On Tuesday 17th of June 2008 Fourth class and I went to Santry sports stadium where we went to train for our tug o' war. We got there by bus. I was so excited when we got off the bus. We walked to Santry and Eddie met us there. He then told us to do a lap of the track. Next we went to the tug o' war track. I was out of breath from the lap. When Eddie showed us how to use a pulley we were split into groups of three. I was with Karl and Rhys. We lifted 57kg and then got the whole class to lift a barrel of concrete that was 300kg. Karl was the anchor man. We were able to lift the barrel. Later we had a tug o' war match and on each team we used a pulley. Then we had a real tug o' war contest. I enjoyed the trip.

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Tug o' war trip

by Cianán McManara

On Tuesday the 17th of June 2008 4th class went to Sandy Stadium with Mr Mannion and Michelle by bus. We went to learn about how to do Tug o' war we arrived and a man called Eddie help us to do Tug o' war. First we ran track then we went to the pulley there were three weights the weight wade 57 Kg and the second weight wade 30 Kg the last one wade 300 Kg we got spited in to teams I was with Ian and Paul I was the anger we did it real fast. Rhy's team did it fastest my team did second fastest there were seven groups, then my class lifted the 300 Kg. Then we took turns to lift the 30kg after I did it I was extremely tired. Next we went to the field it was a team v a team my team lost Michelle was our manger, Then we went to the bus stop the bus came we went back to school, School was over I felt happy.

Tug o' War Trip

On The 17 of June 4th class went to Santry Stadium
Stadium to learn the proper way to do tug
o' war. We got the 17A to Santry. A Marshall called
Eddie came out we waited a few minutes until he
came back. We all ran team to warm up. I took it
was hard. A few minutes we went over to the
pully. Eddie put us in groups Ross and Rhys Rhys
were mean my team. We pulled stone first that
it was easy. Then the class pulled 303kg or 51st
the 51 stone was hard. We all walked to
the exit. Eddie set up the pulley the pulley
was tied around the tree in the center
is a metal bar that slides the rope we did
three of the then two of the brope one
we won all five. My teacher felt bad for
them some he had won more and put me
on der team but my team won and
it was six till. We were going to play football
but Coner staged Mabin so metal man said
may we get the 17A back to school. I thought
the trip was very good. I really liked it. I
would go back again. The end.